# Partners in Childcare

# A Parental Guide to Our Services



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# **Welcome to Our Community**

### **Embracing New Journeys Together**

We are thrilled to welcome you and your child to our family of childcare centers. As new members of our vibrant community, we are excited to begin a journey together that promises not only enriching experiences but also opportunities for lifelong learning.

Our centers are staffed by highly qualified professionals who are not only passionate about what they do but also experts in creating supportive and dynamic environments where young minds can flourish. We value open and honest communication and encourage you to share any aspects of your child's development or any parenting concerns you might have. Our doors, and ears, are always open.



Each of our centers features unique attributes designed to provide exceptional care and educational programming

meticulously tailored to meet the diverse needs of the children we serve. Our educational philosophy is grounded in the belief that the most profound learning occurs through playful exploration and thoughtful interaction. This child-centered approach helps to cultivate not only academic abilities but also social skills and self-confidence, preparing your child for a bright future.

While your child is in our care, they are in a safe, engaging, and nurturing environment. Our dedicated team of educators is deeply committed to ensuring your child's safety and happiness, which provides you with the peace of mind needed to manage your daily responsibilities without concern.

We look forward to building a positive and lasting relationship with you and your child. Your insights and feedback are incredibly valuable to us as they drive us to continuously improve our programs and facilities. We encourage you to engage actively with our center managers and your child's educators at any time.

Welcome to a place where children thrive, families are supported, and lifelong learners are made. We can't wait to see all that your child will achieve with us.

# A Quick Overview!

- Experienced Early Childhood Educators
- Licensed Childcare Facilities
- Age Appropriate Activities and Experiences
- Affordable Child Care Benefit Plans (ACCB) Accepted
- Enrolled in BC Government Fee Reduction Initiative

### **Mutual Commitment to Excellence**

### What to Expect From Us



- Provide a reliable text alert service to keep you informed.
- Offer nurturing, educational childcare tailored to your child's growth.
- Maintain open communication channels for any concerns or feedback.
- Work with you to ensure our center supports your child's needs.
- Respect your family's unique needs and privacy.

### What We Expect From You

- Subscribe to and engage with our text alert system.
- Ensure fees are paid via e-Transfer by the 1st of each month.
- Update us with any changes in your child's health or personal information.
- Notify us of absences or late arrivals by 9:00 am.
- Provide allergy-aware and nutritious meals for your child.
- Keep your child at home when ill, in accordance with our health policies.
- Offer transparency about your child's needs to facilitate the best care.
- Participate in discussions and meetings about your child's progress.
- Treat all staff and community members with respect.
- Adhere to our policies and provide notice for any changes as required.



### **About Us**

#### A Closer Look at Who We Are

Our dedicated team of educators brings together a wealth of knowledge and expertise in early childhood development to create nurturing and stimulating environments where children flourish.

### **Our Educators: The Heart of Our Organization**

- Qualifications: Each educator at our centers is carefully chosen for their dedication to child
  development and must pass a thorough selection process that includes a current first aid
  certificate, criminal record check, and professional references.
- Educational Expertise: Our educators come from diverse backgrounds in child development and related fields, ensuring your child benefits from a broad spectrum of knowledge and experience.
- Ongoing Development: We invest in continuous professional education for our staff, offering
  paid development days to stay up to date on the latest educational research and practices.

Together, we're committed to creating a supportive atmosphere that will become the backdrop for your child's happiest early memories.

### Our Philosophy: The Core of Our Approach

We believe that every child deserves to thrive. Our inclusive philosophy emphasizes:



- **Diversity and Inclusion:** Embracing the unique cultural, racial, and individual backgrounds of each child to foster a sense of belonging and respect.
- Empowering Individuality: Encouraging self-expression and independence within a safe and supportive structure.
- Play-Based Learning: Utilizing play as a fundamental avenue for learning, we design inclusive play experiences that foster cognitive, social, and emotional development.
- Emergent Programming: Aligning with the BC Early Learning Framework, our programming adapts to the evolving interests and learning journeys of our children, providing experiences that nurture their development.

Our approach creates a flexible, engaging, and nurturing learning environment where every child can discover their path and potential.



### **Upholding the Highest Standard of Care**

At our centers, your child's safety and well-being are assured through consistent adherence to the highest standards of care. Our policies and procedures are crafted to meet and exceed licensing requirements, ensuring a safe, professional, and nurturing setting.

- **Licensing and Insurance Compliance:** We diligently follow guidelines set forth by regulatory authorities to maintain our licensed status.
- **Policy Standards:** While we respect diverse family values, our center's policies are designed to provide consistent, high-quality care and are not subject to negotiation.
- Open Dialogue: We welcome constructive conversations about our practices to continually improve our services.
- Strengthening Family Partnerships: We believe in working hand in hand with families, valuing
  your trust and aiming to build a cooperative relationship that enhances your child's early
  learning experiences.

Our commitment to these standards forms the foundation of the safe, caring, and enriching environment we promise at our childcare centers.



### **Programs**

### **Early Learning Framework**

Incorporating the Early Learning Framework into our programming involves embracing a child-led approach to learning. We believe that children learn best when they are actively engaged and empowered to take the lead in their own learning journey. Here's how we integrate the principles of child-led learning into our curriculum:

- 1. **Child-Centered Activities:** Our activities and experiences are designed to reflect the interests, strengths, and developmental stages of each child. By observing and listening to the children, we tailor our programming to align with their individual needs and preferences.
- 2. **Choice and Autonomy:** We provide children with opportunities to make choices and decisions about their learning experiences. Whether it's selecting materials for an art project or deciding which area of the classroom to explore, we encourage children to take ownership of their learning and follow their interests.
- 3. Flexible Learning Environment: Our learning environment is designed to be flexible and adaptable to accommodate children's interests and needs. We provide a variety of materials, resources, and learning centers that children can freely explore and manipulate based on their interests and curiosities.
- 4. Scaffolding and Support: While we value child-led learning, we also recognize the importance of scaffolding and support from educators. Our educators act as facilitators, guiding and supporting children as they navigate their learning experiences, providing assistance and encouragement when needed.
- 5. **Reflective Practice:** We engage in reflective practice to continually evaluate and refine our approach to child-led learning. Through ongoing observation, assessment, and reflection, we strive to create an environment where children feel empowered, supported, and inspired to explore, discover, and learn at their own pace.

By embracing a child-led approach to learning, we create a dynamic and responsive learning environment where children are encouraged to explore, create, and discover in ways that are meaningful and engaging to them. This approach not only fosters a love of learning but also promotes independence, confidence, and lifelong skills for success.

# **Infant & Toddler - Ages 12 months to 3 years**

Our infant and toddler programs offer a gentle introduction to childcare in a loving and supportive environment. Dedicated educators focus on building trusting relationships with both the children and their families, ensuring a smooth transition into our center. Daily activities for our youngest learners include unstructured play, creative arts, meal times, interactive group experiences, storytelling, enriching play experiences, and outdoor adventures such as neighborhood strolls and yard activities.

### Daycare & Preschool - Ages 30 months to School-age

Our programs provide full-day care that integrates a child-led teacher-guided childcare experience. Children develop meaningful connections with peers and educators in a nurturing environment, fostering essential social and emotional skills such as self-awareness, sharing, cooperation, respect, and patience. The programming supports our philosophy that children learn best through play, featuring a variety of play-based activities centered around engaging themes and exciting community adventures.

### **School Age Program**

Our School Age Program transforms everyday care into an adventure that spans the entire school year and fills summer breaks with joy. It's crafted to add an extra layer of excitement to your child's education through a vibrant mix of playful, recreational activities.

- After School Program: provides children with the opportunity to relax, engage in a variety of
  activities, and complete homework with adult supervision. It's an ideal way to wind down from
  a busy school day while reinforcing learning through play.
- Full Day Program: is available on professional development days and during longer school breaks such as spring and summer holidays. These sessions are packed with exciting and educational activities that make every day a learning experience.
- Before School Program: Currently not offered.

# **Essential Policy Overview**

# **Inclusion and Respect**

### **Commitment to Dignity**

We uphold a nurturing environment where everyone is treated with the utmost respect and dignity. Our policies strictly prohibit any form of bullying, harassment, or discrimination. We embrace and celebrate the diverse backgrounds our families and staff represent, reinforcing an atmosphere of inclusivity.



# **Promoting Equity**

It's our policy to treat all children and families with equality, offering the children developmentally appropriate opportunities to learn and grow. Our educators foster an environment where diversity in race, religion, gender identity, and ability is not merely accepted but valued as a strength of our community.

### **Responsive Action**

Any and all reports of conduct that contradicts these values are taken with the highest level of seriousness. We ensure that these reports are investigated confidentially and resolved promptly, maintaining the integrity of our safe and inclusive setting.

#### **Unauthorized Persons**

Anyone not explicitly listed as an authorized individual on a child's registration form is considered unauthorized. Our facility maintains a secure environment with controlled access, and while our doors are not kept locked, we have the capability to secure the premises when needed. Our staff are trained to monitor and manage the entry of individuals, ensuring that access is restricted to designated parents, guardians, and approved visitors only. Should an unauthorized person seek entry, our protocols ensure they are respectfully but firmly denied access, thus upholding the safety and security of the children.

#### **Planned Closures**

#### **Scheduled Holidays**

Our calendar includes planned breaks and public holidays to help families arrange their schedules accordingly.



# When to Keep Your Child Home Flowchart

if your child has	keep your child home until		
Chills Continuous Cough Difficulty Breathing Severe Sore Throat Loss of Appetite Headache Body Aches Extreme Fatigue/Tiredness	<ul> <li>symptoms are improving and</li> <li>your child can actively participate in the program</li> </ul>		
Fever (above 38.0°C by forehead/ear, or above 37.5°C by mouth/armpit)	• temperature remains below 38.0°C (forehead/ear) or 37.5°C (mouth/armpit) for 24 hours without medication		
☐ Nausea STOP ☐ Vomiting	24 hours free of nausea and vomiting		
☐ Diarrhea/Irregular Bowel Movement (2 bouts)	24 hours after one regular bowel movement		
Skin Infection Undiagnosed Rash Goopy Infected Eyes Signs of Any Contagious Disease	<ul> <li>a medical professional verbally confirms the condition is non-contagious, or</li> <li>24 hours have passed since they started prescribed antibiotics</li> </ul>		
☐ Parasite Related Condition STOP	a medical professional verbally confirms that they may return.		
Open Sores from Contagious/Viral/ Bacterial Infection	the sores have scabbed over		
Consistent Thick Discharge from Nose that is Green/Yellow in Colour	symptom free (runny opaque noses are considered symptom free)		
Any Signs of Reportable Communicable Disease as Defined by the BCCDC	<ul> <li>a medical professional gives written clearance that they may return and</li> <li>the sores have scabbed over</li> </ul>		

### **Operational Integrity**

### **Emergency Procedures**

Unplanned closures and operational changes are communicated swiftly via our text alert service.

#### **Financial Policies**

Fees, payment procedures, and schedules are outlined to ensure clarity and prevent any misunderstandings.

### **Parking Guidelines**

Our centers are in residential areas. To maintain good relations with neighbors, do not park on neighboring properties, and ensure that vehicles do not block driveways. Park vehicles at least 2 meters away from any driveway to ensure clear access. Adherence to these rules is crucial to prevent bylaw violations and maintain community respect.







### **Health and Allergies**

#### **Food Policies**

Families are responsible for providing home-packed lunches and snacks, adhering to our nut-restricted policy and any additional restrictions necessary to protect those with serious allergies in our facilities. Your cooperation is essential for maintaining a safe eating environment for all children.

# **Important Information**

# **Labeling & Personal Belongings**

- Labeling: Clearly mark all personal items with permanent ink to ensure they're identifiable and avoid loss.
- Essential Items: Limit personal items brought from home to essentials. Blankets and comfort items for rest time are allowed.

### **Apparel and Gear**

- **Clothing:** Dress your child for variable West Coast weather—warm and suitable for play.
- Footwear: Choose Velcro closed-toe shoes and waterproof boots for rainy days.
- Outerwear: Zippered jackets, and water-resistant gear are required for outdoor exploration.

### **Drop-offs & Pick-ups**

- Procedure: Follow our protocols during these times to maintain the safety and orderliness of transitions.
- **Gradual Entry:** Newcomers benefit from a phased introduction to our programs, designed for comfort and adjustment.

#### **Essential Items to Remain at the Centre**

Category	Infant & Toddler	Daycare & Preschool	
Clothing	Full change, suited to weather + rain pants	Full change, suited to weather + rain pants	
Feeding Supplies	Bottles and formula (if required)	None	
Footwear	Indoor slip-on shoes, non-marking soles, boots	Indoor slip-on shoes, non-marking soles, boots	
Diapers	Diapers or pull-ups and wipes	Diapers or pull-ups and wipes (if required)	
Sun Protection	Sunscreen (age-appropriate), hat	Sunscreen (age-appropriate), hat	
Identification	Label all items with child's name	Label all items with child's name	
Comfort Items	Optional: security item and blanket for quiet time	Optional: security item and blanket for quiet time	

# **Frequently Asked Questions**

# **General Information FAQ**

### Is it possible to celebrate our child's birthday at the daycare?

Yes! We are more than happy to help you celebrate such a special day for your child. If you are bringing in food we ask that you give us a little warning so we can let the other families know what the special

treat will be, which we will serve at snack time. We also require any treats coming in that are still in consideration of our nut-restricted policy and list all ingredients to be aware of any other allergies/sensitivities within the program.

### What is an ideal drop off for my child in the morning?

An ideal morning drop-off is quick, affectionate, and consistent. Let your child know you love them, reassure them of your return, and say goodbye. This approach aids their transition and builds trust. Rest assured, our educators will provide the utmost care and comfort. We understand drop-offs can be emotional; feel free to call and check on your child anytime.

### Do you practice emergency preparedness?

Yes, emergency preparedness is a critical aspect of our operations. We have comprehensive protocols in place to ensure the safety and readiness of both children and staff in the event of an emergency.

### If you suspect child abuse are you obligated to report it?

Yes, we have a legal and moral obligation to report any suspicions of child abuse. Under the Child, Family, and Community Service Act, anyone who suspects that a child has been or is at risk of being abused or neglected must report these suspicions to a child protection worker. This requirement applies to all our educators, volunteers, and personnel, ensuring that any potential abuse is addressed promptly and effectively to protect the child's safety and well-being. We are committed to providing a secure environment where all children can thrive free from harm.

### How do you manage telephone communications at your childcare facilities?

We have established comprehensive guidelines to ensure effective and efficient communication while prioritizing the safety and well-being of the children in our care.



- Educator Access: Our educators are provided with telephones to use for essential business-related communications, especially in emergencies concerning children. Personal calls are strictly prohibited during working hours to avoid disruptions.
- Parent/Guardian Access: Parents and guardians are encouraged to use designated contact numbers to reach out to us during regular operating hours for any inquiries or updates. We emphasize keeping contact information up to date to facilitate prompt and accurate communications.

- Voicemail and Messaging: Parents are advised to leave voicemails if educators are unavailable, which are returned promptly once they become available.
- **Personal Cell Phone Use:** To maintain a focused and professional environment, educators are prohibited from using personal cell phones for personal communications during work hours.

### **Enrollment & Administrative FAQ**

### My child is turning 5 this year. What do I need to do?

In the calendar year that children turn 5 years old, the expectation is that they will be entering kindergarten in September of that same year. Registration for kindergarten begins in January of the year they will attend school.

All children transitioning to Kindergarten typically have their childcare contracts conclude by August 31st. However, if you wish to extend your child's stay at our center beyond this date, especially for those born late in the year (November/December) who might benefit from another year of preschool, please notify us as soon as possible. Extensions into September are possible but are subject to manager approval and dependent on space availability. We will review each request based on the individual needs and development level of your child.

Please contact us to discuss any specific circumstances or to explore the possibility of extending your contract.





### What if I need specific documents from you?

If you need documents such as attendance records, record of payments or other documentation for CRA, court or otherwise, there is a \$25 Administration fee for each request. Once this fee has been paid then the process for your paperwork will be started and complete within 5 business days.

### How do I communicate a complaint or concern?

For any complaints or concerns, please start by contacting the manager of your child's location. We will arrange a private meeting to address your concerns thoroughly and attentively. If your issue involves the manager, or if you are unable to reach them and it is urgent, ask the staff for the Regional Manager's contact details to escalate your concern.

For issues stemming from misunderstandings or disputes with an educator, we urge you to speak directly with the manager to seek a resolution and mend the relationship.

For all contact needs, refer to the generic contact QR code located at the back of this document, which links to our website's contact page.

### **Health and Safety FAQ**

### How do you manage health and illness to ensure the safety of children in your care?

We prioritize the health and safety of all children by adhering to best practices in public health and communicable disease management. Here's a summary of our key practices:

#### **Immunizations:**

Recommendations: The Vancouver Island Health
 Authority's guidelines strongly recommend that all children
 have up-to-date immunizations to prevent the spread of
 communicable diseases.



#### **Medication Administration:**

- Non-prescription Medication: Can be administered only with a completed Physician's Medication Release Form.
- Prescription Medication: Must be in the original container with clear labeling and a completed Parent's Medication Release Form. All medications, except EpiPens and emergency inhalers, are stored securely.



### Pandemic Response:

 We follow health directives from relevant authorities and adapt our policies to specific circumstances, with updates communicated via Childcare Text Alerts.



### Temperature Checks:

- Procedure: When checking for fever, we use forehead temperature scans. Here's our protocol based on the readings:
  - 38°C to 39°C: We recheck the temperature. If the fever persists, we notify parents immediately.
  - Above 40°C: We initiate first aid and contact parents to discuss further steps.



#### Masks:

 Usage: Wearing a mask remains a personal choice, and we respect individual decisions regarding mask wearing.

These measures help maintain a secure and healthy environment. We value and rely on the cooperation of all families to adhere to these guidelines, ensuring the well-being of everyone.

### How do you ensure proper hand hygiene at your facility?

Proper hand hygiene is crucial for preventing the spread of infections and maintaining a healthy environment. At our center, we promote regular and effective handwashing among children, staff, and visitors. We encourage everyone to cough or sneeze into an elbow or tissue, followed immediately by handwashing. This practice is essential to minimize the spread of germs.

### What guidelines do you follow for lunches and snacks for children?

**Lunches:** Children are encouraged to choose their own food items during lunchtime to foster independence and allow them to explore personal food preferences.

**Family-Provided Snacks:** Parents are required to provide morning and afternoon snacks for their children, clearly labeled with the child's name.

**Special Snacks:** We occasionally offer special snacks or invite families to contribute cultural or unique treats, enhancing the sense of community and collaboration.



### How do you protect children from the sun during outdoor activities?



We are committed to ensuring the safety and well-being of all children in our care by protecting them from the harmful effects of ultraviolet (UV) radiation. We incorporate sun safety into our programming to emphasize the importance of sun protection, including the use of sunscreen, hats, and protective clothing.

Parents provide sunscreen that is broad-spectrum, water-resistant, and has an SPF of at least 30. This sunscreen should be applied at home in the morning before the child arrives at the center.

Our educators apply sunscreen to children before any afternoon outdoor activities, ensuring all exposed areas are covered, following manufacturer's instructions.

### How do you manage rest times for children at your facility?

Rest and sleep are crucial for the healthy development of young children, especially infants and toddlers. Here's how we ensure a safe, comfortable, and nurturing rest environment:

#### **Infants & Toddlers:**

- **Individualized Rest Schedules:** We tailor each child's rest times to their unique needs and sleep patterns in collaboration with parents.
- Safe Sleep Practices: Infants sleep on their backs in cribs that meet safety standards, free of loose bedding to prevent SIDS, while toddlers on mats are closely supervised.
- **Comfort and Security:** We provide comfort items like pacifiers and soft blankets as per parental preferences and create a soothing ambiance with dim lighting and soft music.
- **Supervision and Communication:** Continuous supervision during rest periods ensures safety. Any significant observations about a child's rest behavior are communicated to parents.

#### **Preschoolers:**

- Quiet Time: Each day, we schedule quiet times tailored to meet the needs of all preschoolers.
   Children who require naps or calm activities can enjoy these restful periods with their personal comfort items from home.
- Activities for Non-Nappers: For children who do not require naps, we organize engaging but relaxing activities such as reading or puzzles. This ensures they receive a restful experience that is also mentally stimulating.
- Adapting Activities: We recognize that older children may benefit from more active sessions.
   Accordingly, we may take these children outside or engage them in other suitable activities depending on their needs and the day's conditions.
- Supervision and Communication: Throughout quiet times, supervision is maintained either in person or using audio monitors to ensure safety.
   We carefully observe each child's rest patterns and communicate any important updates to parents, ensuring transparency and maintaining trust.





By following these practices, we provide a balanced and flexible environment that supports the well-being and development of all children in our care.

### **Programs and Activities FAQ**

### How are university students involved in your programs?

Students enrich our programs by assisting in educational activities under continuous supervision. They undergo a detailed orientation, adhere to professional standards, and are trained in child safety practices, including necessary background checks. Their roles are designed to complement their studies in early childhood education or related fields, ensuring they contribute positively while learning.

### What role do volunteers play at your facility?

Volunteers support various activities, helping to enhance the educational and care experience. They receive similar orientation as our professional staff and are held to the same standards of conduct and child safety protocols, including undergoing background checks. Volunteers are essential in providing additional support and interaction, which benefits the overall learning environment

### How do you guide and support children's behavior and development?

We embrace a positive approach to guiding children, aimed at fostering mastery, promoting independence, and respecting individuality in a supportive and nurturing environment. Our methods include:

- Respect and Individuality: Treating each child with respect to foster self-worth by recognizing their unique qualities.
- Teaching Respect: Actively modeling and teaching respect for others and property, emphasizing the importance of communal spaces and belongings.
- Encouragement and Positive Reinforcement: Offering genuine encouragement and avoiding criticism, using positive reinforcement to guide better choices.
- Mindful Communication: Ensuring all communication is calm and supportive, engaging children in meaningful dialogue and active participation in their learning.
- Promoting Independence: Creating opportunities for children to make independent choices, enhancing their decision-making skills and self-respect.
- Consistency and Joy: Maintaining a consistent, fair, and firm approach while fostering a joyful and engaging environment.
- Proactive Conflict Prevention and Resolution: Addressing potential conflicts early and viewing conflicts as learning opportunities for developing problem-solving and social navigation skills.





#### When Additional Guidance and Behavioral Supports Are Needed:

If a child requires additional support, we document their development closely and communicate with the family to create a collaborative plan. This plan supports the child's individual needs while ensuring the needs of the group are also maintained. Our goal is to work together with the family to provide a comprehensive support system that helps every child thrive in our inclusive community.

### What is active play and how do you incorporate it at your facility?

Active play involves physical activities that include spontaneous and high-energy bursts, which are crucial for a child's development. It can take place both indoors and outdoors and is suitable for children of all ages, even those who have not yet learned to walk.

- Daily Outdoor Time: We ensure that children participate in at least 60 minutes of outdoor active play daily. This routine is maintained unless weather conditions prevent outdoor activities, in which case indoor active play is facilitated.
- Inclusivity and Non-Competitive Play:
   Participation in active play is entirely voluntary, and no child is forced to engage in any activities. Furthermore, our active play does not focus on competition or winning, but rather on enjoying the activity and developing new skills.
- Adaptable to All Ages and Abilities: As children grow and develop new skills, the opportunities for active play increase. We tailor activities to suit the varying developmental stages of children to ensure everyone can participate meaningfully.



By prioritizing active play, we aim to foster a fun and dynamic environment that supports the physical and social development of all children under our care.

### How do you handle screen time for children at your facility?

Screen time is carefully regulated in our programs, with none for children under 2 to foster other developmental areas. For the 3-5 year and school-age groups, it's restricted to special days, with opt-out options for families. We prioritize active, social, and educational activities over digital device use.

# **Thank You for Joining Our Community**

As you reach the end of this handbook, we wish to express our heartfelt thanks for choosing us for your child's early care and education. Your decision to trust us is not taken lightly, and we are enthusiastic about the journey that lies ahead.

### **Gratitude and Appreciation**

We appreciate the opportunity to be a part of your family's routine and milestones. Each day brings new chances to nurture growth, curiosity, and joy not only in your child's life but within our entire community.





### **Continuous Engagement**

Your feedback and involvement are vital to our program's success and evolution. We thrive on open communication and encourage you to connect with us through any ups and downs of this journey. Together, we will ensure that our environment remains a place where your child can flourish.

### **Our Promise to You**

We commit to continuously adapt and enhance our educational practices to serve your child better and support your family's unique needs. We are excited to see what the future holds and are truly thankful that you will be a part of it.



